

The series **I Believe** is a journey of discovery and gratitude with amazing animal beings.

1. **I Believe: I Am Courageous and an Explorer, Just Like Carlo and Teddy, Two Amazing Horses.**
2. **I Believe: I Am a Great Reader and Writer, Just Like Jojo, the Talented Horse.**
3. **I Believe: I Can Learn to Draw and Paint, Just Like Sara, the Golden Mare.**
4. **I Believe: It Is Okay to Be Afraid and Talk about My Fears, Just Like Sparky, the Amazing Dog.**
5. **I Believe: I Can Learn Something New, Just Like Cody, The Best Dog Swimmer.**
6. **I Believe: It Is Easy to Be Kind and Good to One Another and to Animals, Just Like Baxter, the Magnificent Dog.**
7. **I Believe: I Have Confidence in Myself, Just Like Rocky, the Musical Dog.**
8. **I Believe: I Can Find Solutions to Any Challenge or Adversity, Just Like Max, the Cat.**
9. **I Believe: It Is Fun Discovering the World Around Me, Just Like Sara, Carlo, and Teddy, the Curious Horses.**
10. **I Believe: I Can Be Thankful and Grateful Every Day for One Thing in My Life, Just Like Carlo and Teddy and All Their Friends at the Ranch.**

Suzanne Mondoux—A Voice for Animals (<http://suzannemondoux.com>).

Suzanne Mondoux is the author of the series *The Adventures of Anuk: The First Leap*, an ecological story of a young girl on a quest to save the world.



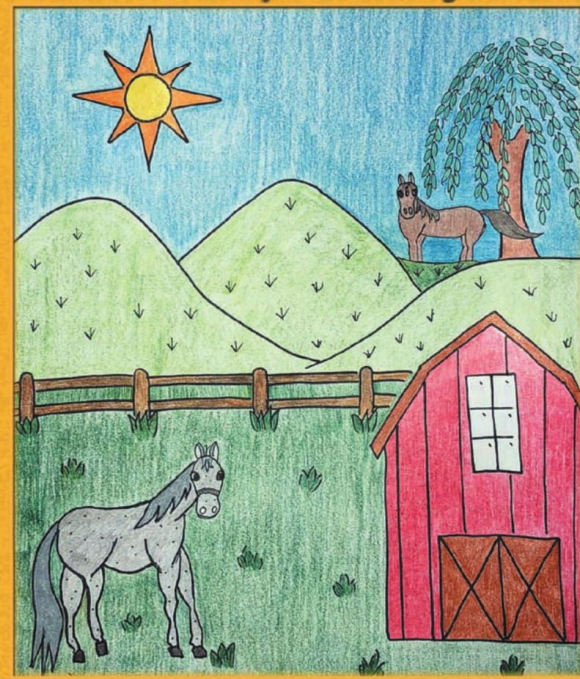
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I BELIEVE

*I am courageous and an explorer just like
Carlo and Teddy, two amazing horses*



Suzanne Mondoux
Illustrated by Gaëtanne Mondoux

Coloring and Activity Book 1

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I BELIEVE

I Am Courageous and an Explorer, Just Like
Carlo and Teddy, Two Amazing Horses

Coloring and Activity Book 1

SUZANNE MONDOUX
Illustrated by Gaëtanne Mondoux



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This book belongs to

I am

 years old

Once upon a time in a far away land there lived two horses, Carlo and Teddy. Carlo had never seen another horse and believed he was the only one of his kind. It was the same for Teddy. He too had never seen another horse and believed he was the only one of his kind.

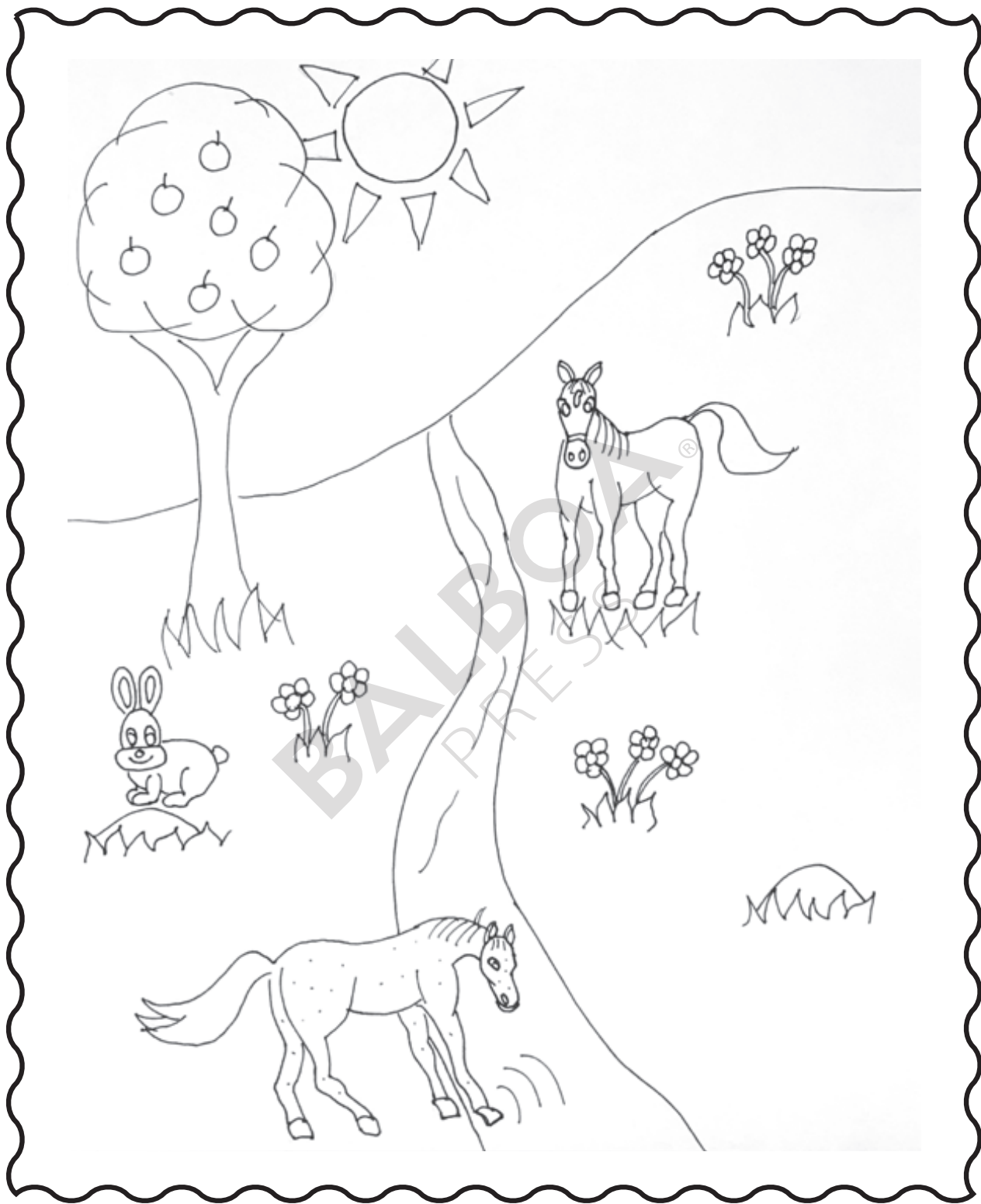
Carlo and Teddy had the same desire to make a new friend. Carlo believed he was the only one who felt sad for not having a friend. Teddy felt the same way. One day they decided to do something about not having a friend. They did not want to be sad anymore.



That morning, as the sun was rising and the birds were chirping in the trees, Carlo decided to explore what lay over the hills and down the valley from where he lived.

Carlo was trotting across the green field and over the hills when he stopped in his tracks. Below the hilltop, another horse was standing by the stream in the meadows. The horse was playing and kicking his feet in the water.

Carlo could not believe his eyes. He had trotted all morning up and down the hills. He was so excited. He galloped down the hill kicking tufts of grass from beneath his feet.



"Hello, hello," called out Carlo. "Hi, my name is Carlo. Who are you?"

Teddy looked up from the stream, "Hi, my name is Teddy, nice to meet you. I was about to sit down and have my lunch. Would you like to join me?"

"Oh yes," said Carlo. "Thank you, that is very kind."

Teddy walked over to a big weeping willow tree. "Over here," he said. "I have a small picnic of wheat, a yummy bowl of concentrate made of oats, barley and corn, and some treats in that basket: beautiful red apples and brilliant orange carrots."

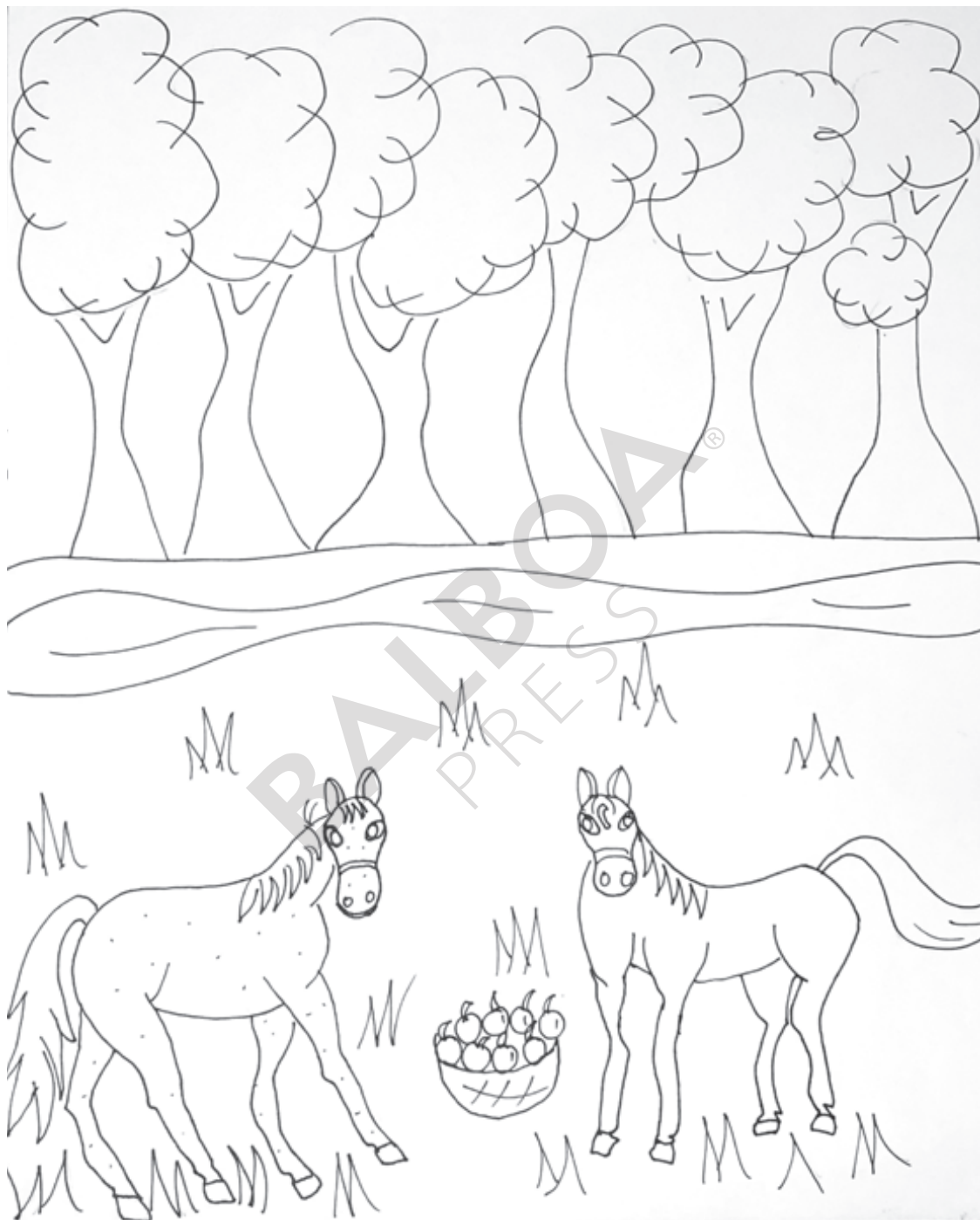


"Wow, this picnic looks amazing," said Carlo. "I'm so happy I found you! Where do you come from?"

"I come from over there, beyond the forest," said Teddy. "I've lived there on my own from as far back as I can remember." He offered an apple to Carlo.

"Thank you, this looks delicious," said Carlo. He bit into the apple. "Yummy. It is very sweet."

They sat together for a while eating their lunch. They shared stories of growing up.



"When I left home this morning I didn't imagine I could find another horse," said Teddy. "I was so sad that I didn't have a friend, someone just like me."

"Me, too. I had no idea it was so easy to meet other horse, to meet someone just like **me**," said Carlo.

"We are both horses but I bet we are very different. I'm sure we like different things and we know different things that we can learn from one another," said Teddy.

"Yes, that is very exciting. You are white and grey in color, and I am chestnut," said Carlo.



"Why do you think we have not known of each other before?" asked Teddy. "I only left my home this morning and by lunch time we found each other."

"Me too, I only left my home this morning," said Carlo. He pointed up over the hills from where he had come. "It did not take long to make a friend once I made the decision to stop being lonely and sad."

"There must be other horses who are wondering the same thing," said Teddy. He pulled out a map of the region where they lived.

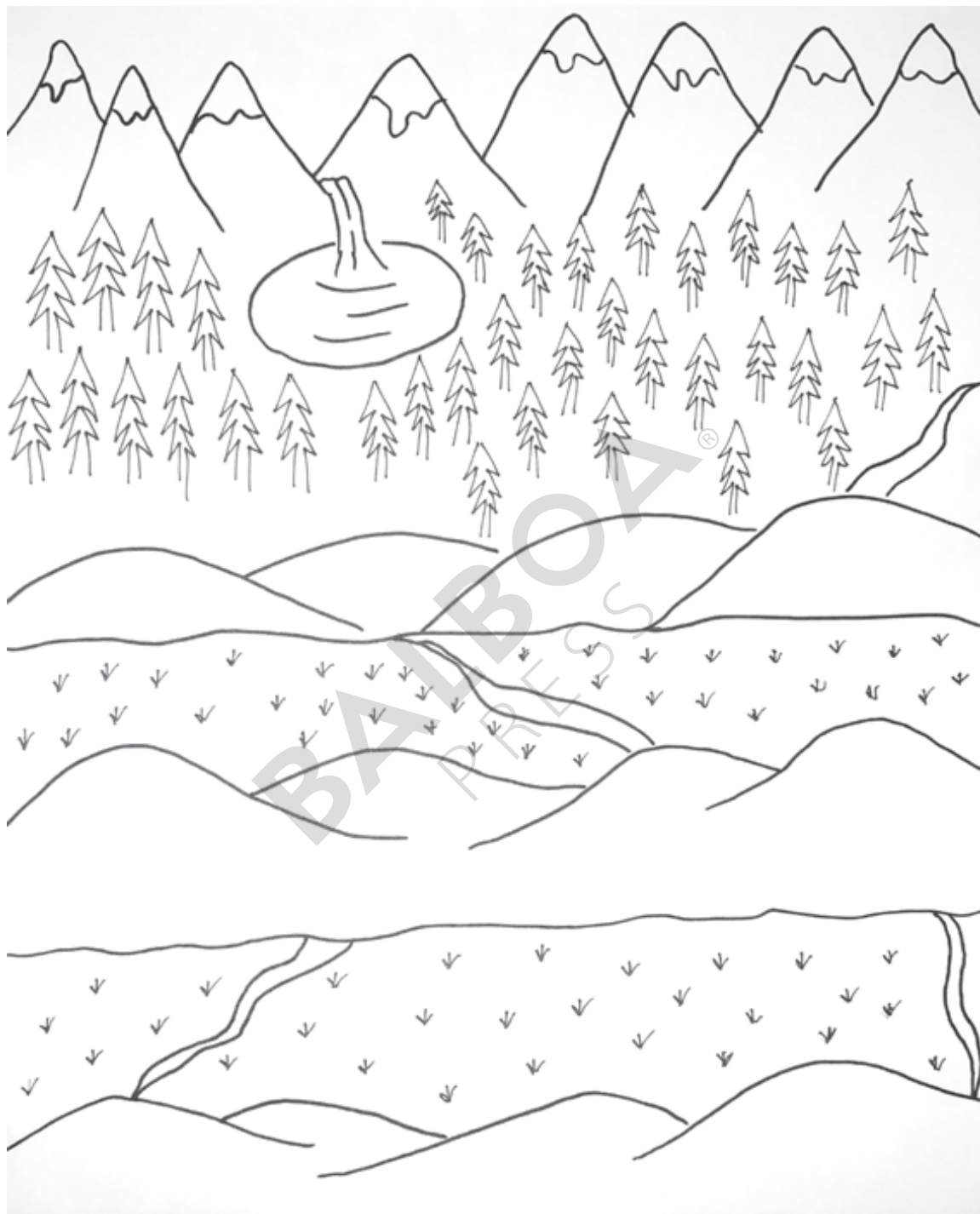


"What's that?" asked Carlo.

"This is a map. It is a picture of mountains, rivers and everything around you. It shows where we are and where we can go. It shows you if you will be climbing up or going down hills or mountains. See, we are here, by this stream in the valley," pointed Teddy.

"I come from where three rivers meet. Where is that on the map?" asked Carlo.

"Right here," pointed Teddy. "This symbol shows the big white rushing rivers flowing down from the mountains into this lake."



"If I had known how close you lived to me and how easy it was to make a new friend I would have made this decision a long time ago. I would have found the courage to explore further afield and sought new and wonderful things," said Carlo.

"I'm certain that we can find others and others are looking for us as well," said Teddy.

"I'm certain of that now," said Carlo.

"Shall we finish our lunch and explore further afield to see what else we can learn and discover?" asked Teddy.

"Absolutely!" said Carlo. "We do come from a far and away land. But we are also neighbors no matter the distance between us. We found each other and became friends because we chose to."

This was how Carlo and Teddy became friends and started their adventure together.

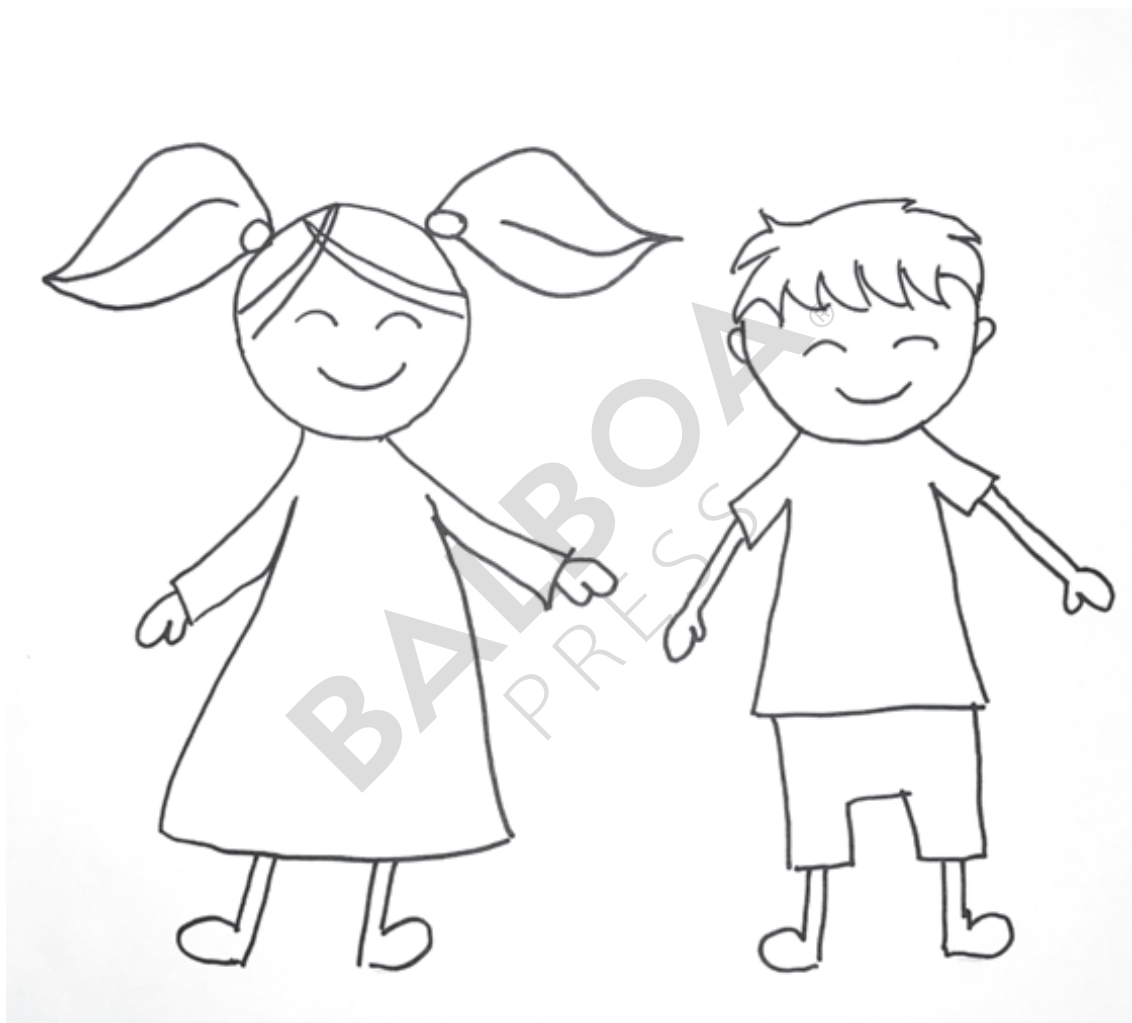


"Carlo."

"Yes, Teddy."

"I know the girls and boys reading our story can draw a map of where they live and where they would like to go."

"Yes, I believe they can!"



This page is for you to draw a map of where you live.
Go ahead! Draw a map of where you live.

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Draw a map of the world. Color the places you would like to go or have already been. Color a bright yellow star where you have made new friends, and write their names next to the star, or draw a star where you would like to go. When you are done drawing your map, BELIEVE that you are there already!

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But there is more fun to be had!

For the next 30 days draw a map of your dreams. This is any dream you have. Let your imagination soar all over your Believe page.

ALSO on another Believe page

Draw a map of all the places where you would like to see the animals that you want to learn more about.

Draw a map of the places where people are helping animals.

Bring Carlo and Teddy on your journey. Talk to them.

Lets begin.

Most importantly - Have fun!

Remember to smile.

Remember to laugh.

Remember to be curious and ask questions.

Remember to Believe in yourself.

Say out loud 10 times.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

I Believe in myself.

Day 1

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Day 2

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Day 3

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WOW! YOU ARE AMAZING!!!!!!!!!!!!!!

YOU DID ALL THE FUN STUFF!

YOU PARTICIPATED IN 30 DAYS OF FUN!

KEEP GOING!

EXPLORE YOUR IMAGINATION!

BELIEVE IN YOURSELF ALWAYS!

SHARE YOUR EXCITEMENT AND THE EXPLORATION
OF YOUR IMAGINATION WITH A FRIEND!

THANK YOU FOR BEING GOOD AND
KIND TO EVERY ANIMAL.

On behalf of all the ANIMALS - thank you for
making this a better world for ALL OF US!

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I BELIEVE

*I am courageous and an explorer, just like
Carlo and Teddy, two amazing horses*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 1

I BELIEVE

*I Am a Great Reader and Writer
Just Like Jojo, the Talented Horse.*



Suzanne Mondoux

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Coloring and Activity Book 2

I BELIEVE

*I can learn to draw and paint,
just like Sara, the golden mare.*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 3

I BELIEVE

*It is Ok to Be Afraid and Talk About
My Fears, Just Like
Sparky, the Amazing Dog.*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 4

I BELIEVE

*I can learn something new
just like Cody, the best dog swimmer*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 5

I BELIEVE

*It is easy to be kind and
good to one another and to animals,
just like Baxter, the magnificent dog*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 6

I BELIEVE

*I have confidence in myself
just like Rocky, the musical dog*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 7

I BELIEVE

*I can find solutions to any challenge or
adversity, just like Max the cat*



Suzanne Mondoux

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Coloring and Activity Book 8

I BELIEVE

*It is fun discovering the world around me,
just like Sara, Carlo, and Teddy,
the curious horses*



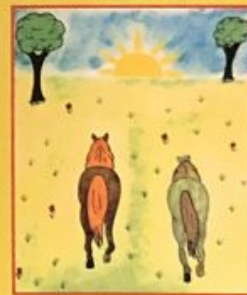
Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 9

I BELIEVE

*I can be thankful and grateful every day for
one thing in my life, just like Carlo and Ted
and all their friends at the ranch*



Suzanne Mondoux

Illustrated by Gaëlle Mondoux

Coloring and Activity Book 10

*Letters
from
Federica*



Suzanne Mondoux

An outstanding mystery. The protagonist is Leo Orsini a talented performance artist and songwriter, who at the age of six met the girl next door, the girl whom he would love for all his life, the beautiful Federica Russo.

Theirs was a true love story, however, it was one which was to be cut short cruelly just two weeks after their wedding, forty years before this story begins.

Leo is a generous man who has loved, drunk and eaten to excess all of his life. Surrounded by friends, he has a successful career, lives in a beautiful castle, and has found love again in the form of William, a sensitive and compassionate heart surgeon. He appears to have it all, yet he is still haunted by Federica's disappearance.

Herself a singer, musician, and songwriter, Federica had left a series of letters to him, poems in which she expresses her deep love for him, yet also her fears. But what can she be afraid of, what demon was lurking in the shadows of her mind? How could she the happy, beautiful wife he married, in just a few days turn into a haunted woman who then disappears?

These questions torment Leo, and he is racked with guilt wondering if there were things he should have noticed or done. Then, following a private reading of the letters to his close friends' it is decided to investigate further.

As they delve into the true meanings of the letters and re-live their memories of Federica, secrets from the past are revealed, and it becomes apparent that she is trying to protect Leo, but from what?



Suzanne Mondoux is a voice for animals, an explorer and is dedicated to the protection of animals and the environment. She is a professional author of children's and environmental books. This is her first mystery story, a compelling and intriguing reading, its twist and turns kept the reader riveted until the last page.



*Let Go and
Let God
... and Then
What?*

Suzanne Mondoux

What an incredible book this is! Within its pages the author somehow manages to combine self-help, inner healing, be motivational, and inspirational. What's more this book is suitable for all ages, genres, and professions, something I find unique.

Through the sharing of personal experiences with her reader, and the incorporation of a fictitious story about a cat called Delilah, her surroundings, and life, the reader is encouraged to open their eyes to their world, look forward with a positive attitude, and embark on a journey of self-discovery.

From the moment we are 'aware' we absorb the information around us via other people. We learn, to discover things about our world and environment, listen to the expectations and limitations others put on us. Now, through this enlightening book we each have the tools we need to unlock our dreams, reach our full potential, and then grow, taking one day at a time to discover the real us. We learn how to unburdening ourselves of the concepts and restraints of others, and truly become who we want to be.

From a very early age the author knew she had a strong affinity with the spirit world and animals. Her work has enabled her to recognise these gifts and her strength of character has led her to write her books. In fact her first published novel, *How I Became a Dragon* was inspired by her experiences whilst working in the Republic of Congo as Project Director for the Wildlife Conservation Society (WCS) in the Sangha Tri-National landscape.

However, as she points out, if you are searching for God and enlightenment, it is not hidden in these pages. The purpose of this book is to, through telling her story, and talking about poignant moments in her life, which have opened her eyes to her true self, she hopes to inspire her readers to do the same.

To aid in this, the book's chapters focus on life experiences and at the end of each there is the opportunity for the reader to express their thoughts and experiences on each topic on the activity pages. These pages eventually combined to reveal their own unique journey. However, the author is keen to point out, our journey does not end there, because life is a continual adventure and the quest to discover new things about ourselves is constantly evolving each and every day.

In Conclusion: This book contains the key to opening your own mind into the possibilities which await you. Within, the author gives her reader the tools they require to move forward positively, with true self-belief, and the knowledge that they are 100% in control.

—Susan Keef



SUZANNE MONDOUX

ANUK

Book of Words

ANUK

Book of Words
Book 2 of the Adventures of Anuk Series

Adorable Assisi Human Anuk, the exploring equine human hybrid, embarks on a second life-changing journey to save the Orb's animal beings from extinction. Guided by the mystical, priceless, and powerful Book of Words, Anuk and her faithful crew risk everything trekking to the underside of the Orb. With her loyal friends and new mentors, Anuk learns leadership as she confronts harsh truths of humanity, love, and loss while navigating the joyful journey to personal power. Anuk discovers that it takes a universe to unite the Orb's animal beings.

By communicating from the soul with the Poach, the exterminators and life-long enemies of the animal beings, Anuk forges new alliances between human beings and animal beings.

It has been six years since teenage explorer Anuk and her faithful animal being friends chased her destiny, crossing continents through a perilous post-apocalyptic world to the idyllic Roesse Island. Now at twenty-three, a more mature Anuk is prompted to leave the comfort of Roesse Island to bring the mystical Book of Words to the rightful owners. Risking life, limb, and liberty, Anuk and her crew of animal beings experience the wonders, secrets, and horrors of the brutal hunters whose greed destroyed entire species. Anuk: Book of Words informs, inspires, and delights in equal measure.

Suzanne Mondoux is a voice for animals (<http://suzannemondoux.com>) and is the author of the following:

- The Adventures of Anuk series, Readers' Favorite 5 Stars. The First Leap is an ecological story of a young girl on a quest to save the world.
- I Believe Series coloring and activity books. This is a journey of discovery and gratitude with amazing animal beings.
- Tragedy of the Moth, Readers' Favorite 5 Stars. Felicity Moss is a starlet with a tragic past. Desperate to stay out of the judgmental gaze of the limelight, she disappears from public life.
- How I Became a Dragon. A deeply affecting work of fiction based on real life experience by conservationist Heatha that charts the course of ivory trafficking from the fierce assault on the elephant to its ultimate destination as a carved piece of ivory.



A DIVISION OF HAY HOUSE

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 GAËTANNE MONDOUX

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ANUK

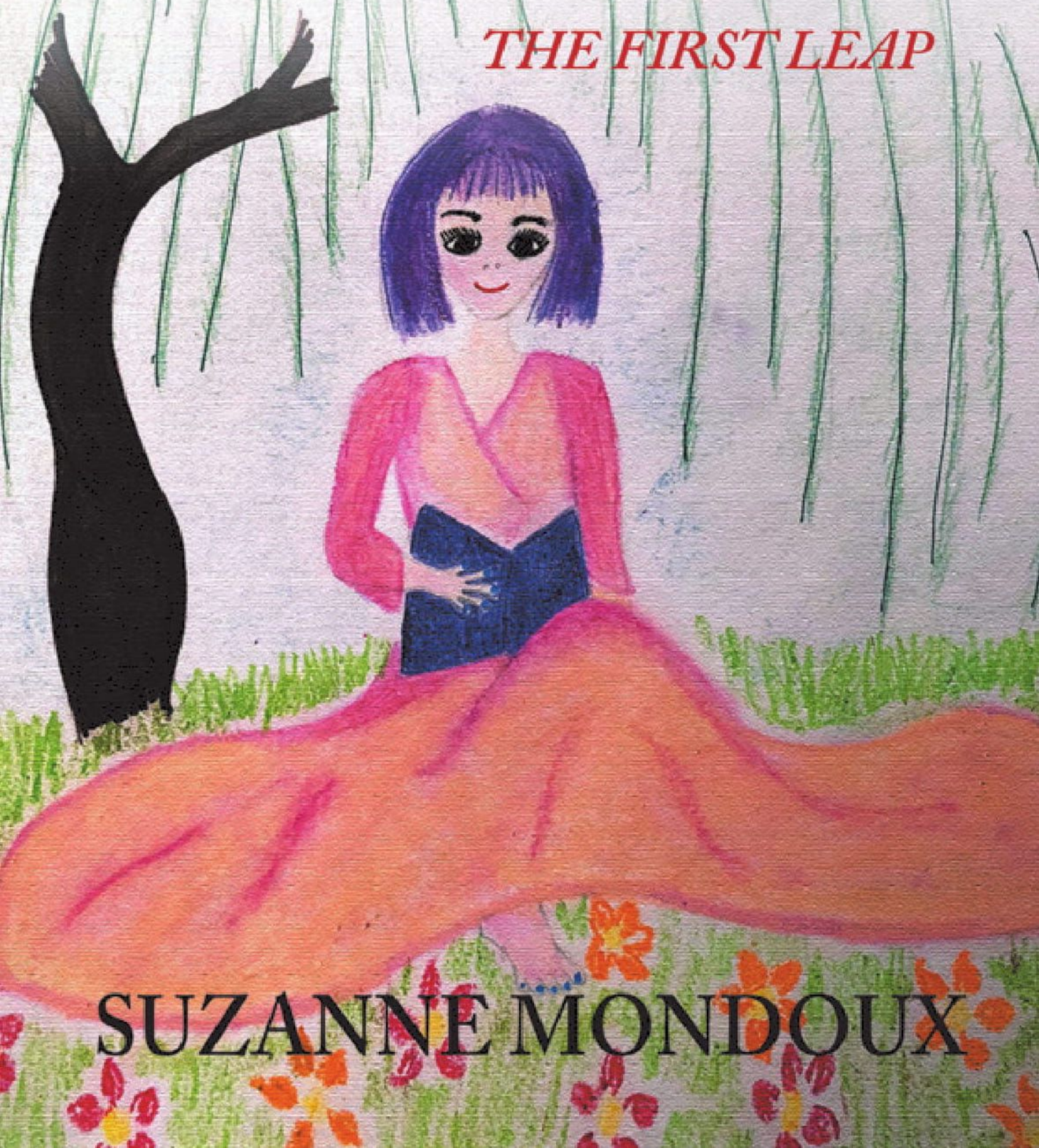
Book of Words

SUZANNE MONDOUX



THE ADVENTURES OF ANUK

THE FIRST LEAP



SUZANNE MONDOUX

The Adventures of Anuk is an ecological story of an Assisi Human on a quest to save the world.

The First Leap—Despite her curious appearance as an Assisi Human, Anuk had a normal childhood and was happy living with her adopted parents in a faraway land where three suns pass in the sky overhead. She loved collecting yamagoos berries in the fields and helping her mother run the kitchen at their inn. Then, on her sixteenth birthday, Anuk receives a summons by the messenger Aye who says it is time to return to faraway Roesse Island. Though reluctant to leave her home and family, Anuk is assured by her parents that they always knew the time would come when she must leave and fulfill her destiny as an Assisi.

Two oddly unfamiliar-looking non-human beings, EagleOwl and Kinkajou, arrive to escort Aye and Anuk because the journey ahead will be arduous and fraught with danger. They will have to cross a great sea and pass through many partems, as the lands are called there. Some of these are barren regions of devastation and waste. Others are lush paradises that are not quite as they seem, for their spectacular beauty conceals lethal secrets. Anuk realizes that even if she should survive these hazards, she has no idea what awaits her at the end of the journey.

When young Anuk embarks on this enthralling adventure, she discovers the world beyond her parents' inn is far more fantastic and dangerous than she could have imagined.

"5 Stars" (Readers' Favorite).

Suzanne Mondoux — *A VOICE FOR ANIMALS* (<http://suzannemondoux.com>) is the author of

- *I Believe* Series coloring and activity books (a journey of discovery and gratitude with amazing animal beings);
- *Tragedy of the Moth* (Felicity Moss is a starlet with a tragic past. Desperate to stay out of the judgmental gaze of the limelight, she disappears from public life.); and
- *How I Became a Dragon* (A deeply affecting work of fiction based on real-life experience by conservationist Heatha that charts the course of ivory trafficking from the fierce assault on the elephant to its ultimate destination as a carved piece of ivory).

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Cover Art by
Gaetanne Pelletier



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A DIVISION OF HAY HOUSE

How I Became a Dragon



SUZANNE MONDOUX

How I Became a Dragon

Author: **Suzanne Mondoux**

How I Became a Dragon is the deeply affecting work of fiction inspired by real-life experience by conservationist Heatha that charts the course of ivory trafficking from the fierce assault on the elephant to its ultimate destination as a carved piece of ivory.

Told from the point of view of a young woman shedding her naive perspective on what it really means to work and dedicate her life for conservation, she takes you on a journey of how and why elephants lost their life for the sake of their grand tusks. Her chilling experience with illegal poaching is certain to move readers to do their part to end this vicious crime. The story also reveals how many individuals participate in the journey for one illicit piece of ivory, whether in a large or small way, and how one act of lawless poaching greatly affects the global elephant community.



Suzanne Mondoux: Explorer, Environmental Professional, Author, Screenwriter, Playwright and Actor

French Canadian-born Suzanne Mondoux brings a profoundly unique and powerful skill set to the strenuous pursuit of shielding wildlife and the environment from ruthless forces. Resisting the label of activist—Suzanne prefers to be perceived as a Voice for Animals – “I am passionate about the well-being of animals.” Her globetrotting career has whisked her to exotic and perilous locations including Mauritania, Nigeria, Republic of Congo, Guinea, and Mali as a Biodiversity Manager, Environmental Manager and Project Director where as part of her many duties she endeavored to educate and direct sustainable exploration and extraction of our natural resources inhabited by elephants, gorillas, chimpanzees and many other fauna and flora. In a polar opposite, Suzanne worked in the Yukon Territory and the Northwest Territory and explored Antarctica.

As a mining professional within the environmental and biodiversity sphere, Suzanne brings a kaleidoscope of experience – mainly lessons learned. The many opportunities for sustainable mining come within the corporate world – who wants to learn what and when do they want to learn — driven by why they want to learn it and what drives the urgency to learn!

Suzanne’s on the ground experience brings wonder and intrigue as to how ‘progress’ can be realized. She shares with those who listen.

<https://suzannemondoux.com/>



A DIVISION OF HAY HOUSE

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SUZANNE MONDOUX

TRAGEDY OF THE MOTH



“Watching what was
 A figure appears
 A mirror reflection of the soul’s appeal,
 A chance to see
 A chance to greet
 A chance to be . . .”

Felicity Moss is a starlet with a tragic past. Desperate to stay out of the judgmental gaze of the limelight, she disappears from public life. She finds new hope in the forgiving love of a noble man, but he has his own demon—Samuel, an old friend and a new threat. The riddle of choices surrounding life and death teases and taunts with the ebb and flow of the tides upon the shore. How long can one keep others from discovering private sins?

Filled with mystery and intrigue, *The Tragedy of the Moth* is a captivating tale of the theatrical world that enthralls with its poetic prose, scripts, supernatural folklore, and stream of consciousness asides. It’s a mind-bending tour de force about love and tragedy driving forward to a crashing finale.



Inspired by her personal relationships and life experiences, **Suzanne Mondoux** is a self-taught writer of poetry, plays, screenplays, prose, and is the author of the novel *How I Became a Dragon*.

She is a Canadian who has lived and worked in various West African countries and holds an MS in environment and management.